

Best Sous Vide Recipe

America's Test Kitchen

Sous Vide Hugh Acheson,2019-10-15 Just as Hugh Acheson brought a chef's mind to the slow cooker in *The Chef and the Slow Cooker*, so he brings a home cook's perspective to sous vide, with 90 recipes that demystify the technology for readers and unlock all of its potential. NAMED ONE OF FALL'S BEST COOKBOOKS BY FOOD & WINE Whether he's working with fire and a pan, your grandpa's slow cooker, or a cutting-edge sous vide setup, Hugh Acheson wants to make your cooking life easier, more fun, and more delicious. And while cooking sous vide—a method where food is sealed in plastic bags or glass jars, then cooked in a precise, temperature-controlled water bath—used to be for chefs in high-end restaurants, Hugh is here to help home cooks bring this rather friendly piece of technology into their kitchens. The beauty of sous vide is its ease and consistency—it can cook a steak medium-rare, or a piece of fish to tender, just-doneness every single time . . . and hold it there until you're ready to eat, whether dinner is in ten minutes or eight hours away. But to unlock the method's creative secrets, Hugh shows you how to get the best sear on that steak after it comes out of the bath, demonstrates which dishes play best with extra-long, extra-slow cooking, and opens up the whole world of vegetables to a technology most known for cooking meat and fish. Praise for *Sous Vide* “High-end cooking comes to the home kitchen in this fun, clear approach to a gourmet technique. . . . [Hugh] Acheson writes with such charm that he can make warm water interesting.”—Publishers Weekly

[The Complete Sous Vide Cookbook](#) Chris McDonald,2016-09 Sous vide cooking is the latest and hottest trend in home kitchens today.

The Home Chef's Sous Vide Cookbook Jenna Passaro,2020-03-10 Restaurant-quality cooking—all within the comfort of home Sous vide is synonymous with flawlessly prepared cuts of meat, but when paired with the right recipes and techniques, it can serve up way more than just the perfect steak. Take your culinary cunning to the next level with *The Home Chef's Sous Vide Cookbook*—and get the absolute most out of your sous vide device. After you master the finishing sear method on classic favorites like Easy-Peasy Ranch Bone-In Pork Chops, get creative with fun recipes like Asparagus with Toasted Almonds or creamy Poached Eggs on Roasted Tomatoes. Throw a fancy dinner party, plan a week's worth of meals, make your favorite dishes even better than before—all with your sous vide machine. Inside *The Home Chef's Sous Vide Cookbook* you'll learn: Sous vide in three—Learn the three steps that you need to master to sous vide anything and

everything you desire. Sear it up—Perfect the best techniques for one of the most important steps of any sous vide dish—the final sear. Leftovers? Love it—Get tips throughout the book on how to use your sous vide leftovers for even more delicious things. Turn your sous vide machine into your sous chef and elevate your home cooking.

Sous Vide at Home Lisa Q. Fetterman, Meesha Halm, Scott Peabody, 2016-11-01 A beginner's guide to sous vide, which has been a popular cooking technique in restaurants for years, offering tender and succulent dishes cooked to perfection. Now, from the creator of Nomiku—the first affordable sous vide machine—comes this easy-to-follow cookbook that clearly illustrates how to harness the power of sous vide technology to achieve restaurant-quality dishes in the comfort of your own kitchen. Discover the stress-free way to cook a delicious (and never dry!) Thanksgiving turkey along with all the trimmings, classics like Perfect Sous Vide Steak and Duck Confit, and next-level appetizers like Deep Fried Egg Yolks. Including over 100 recipes for everything from Halibut Tostadas, Grilled Asparagus with Romesco, and Chicken Tikka Masala, to Dulce de Leche, Hassle-Free Vanilla Ice Cream, and even homemade Coffee-Cardamom Bitters, *Sous Vide at Home* has you covered for every occasion.

Sous Vide for Everybody America's Test Kitchen, 2018-09-25 *Sous Vide for Everybody* is an approachable cookbook that demystifies sous vide cooking and demonstrates how it can make your life easier, while also giving you the tools to try exciting new dishes. Originally from the French for under vacuum because it often involves sealing food in plastic, sous vide allows you to cook food gently in an automatic water bath to the perfect temperature. That may sound intimidating, but the technique has trickled down from experimental fine-dining restaurant kitchens to the home kitchen precisely because it's an easy, convenient, and hands-off way to cook. Sous vide not only makes traditional cooking easier and more foolproof, it often can help to make food taste better, taking away all the guesswork and giving you back some free time. In this cookbook, you will find recipes that teach you how to cook sous vide, starting with basics like the perfect steak or soft-cooked egg. You will also find recipes that expand your knowledge and creativity in the kitchen using sous vide, from a holiday-worthy chuck roast that tastes like a prime rib at a fraction of the cost to eggs Benedict to fruit-on-the-bottom yogurt cups.

The Sous Vide Cookbook The Williams-Sonoma Test Kitchen, 2018-06-28 Jump on the vacuum-sealed bandwagon with this guide that demystifies the French cooking technique that has taken the culinary world by storm. From one of the most trusted names in cooking comes this introduction to sous vide cooking with special sections on vacuum sealing in plastic, water immersion, and cooking times, as well as recipes for a range of dishes featuring meat, poultry, seafood, vegetables, and desserts. Sample recipes include: Steak-Frites with Rosemary Garlic Butter; Honey-Dijon Salmon with Maple-Glazed Carrots; Pork Chops with Jalapeño-Agave Nectar Salsa; Chicken Thighs with Lemon, Honey & Green Olives; Greek Lamb Chops with Minted Yogurt; Chipotle-Butternut Squash Soup; Risotto with Kale Pesto, Mozzarella & Cherry Tomatoes; Ginger Shrimp with Baby Bok Choy; and Chai-Spiced Apple Pie.

Sous Vide for the Home Cook Douglas E. Baldwin,2010-04-12 A primer on the sous vide cooking technique, including time and temperature tables and over 200 tested and delicious recipes for cooking eggs, meat, fish, poultry, game, vegetables, fruits, and desserts.

The Food Lab: Better Home Cooking Through Science J. Kenji Alt,2015-09-21

Rose's Ice Cream Bliss Rose Levy Beranbaum,2020 From the kitchen of legendary best-selling author and expert on all things sweet Rose Levy Beranbaum, here are 100 easy-to-follow recipes for irresistibly dreamy ice creams and other frozen treats--Back cover.

Under Pressure Thomas Keller,2016-10-25 A revolution in cooking Sous vide is the culinary innovation that has everyone in the food world talking. In this revolutionary new cookbook, Thomas Keller, America's most respected chef, explains why this foolproof technique, which involves cooking at precise temperatures below simmering, yields results that other culinary methods cannot. For the first time, one can achieve short ribs that are meltingly tender even when cooked medium rare. Fish, which has a small window of doneness, is easier to finesse, and shellfish stays succulent no matter how long it's been on the stove. Fruit and vegetables benefit, too, retaining color and flavor while undergoing remarkable transformations in texture. The secret to sous vide is in discovering the precise amount of heat required to achieve the most sublime results. Through years of trial and error, Keller and his chefs de cuisine have blazed the trail to perfection—and they show the way in this collection of never-before-published recipes from his landmark restaurants—The French Laundry in Napa Valley and per se in New York. With an introduction by the eminent food-science writer Harold McGee, and artful photography by Deborah Jones, who photographed Keller's best-selling *The French Laundry Cookbook*, this book will be a must for every culinary professional and anyone who wants to up the ante and experience food at the highest level.

Sous Vide Cooking Made Simple Christina Wylie,2020-09-22 In *Sous Vide Cooking Made Simple*, Anova sous vide recipe developer, Christina Wylie, presents 70+ recipes for perfectly cooked meals and desserts using this revolutionary cooking device.

Damn Delicious Rhee, Chungah,2016-09-06 The debut cookbook by the creator of the wildly popular blog *Damn Delicious* proves that quick and easy doesn't have to mean boring. Blogger Chungah Rhee has attracted millions of devoted fans with recipes that are undeniable 'keepers'-each one so simple, so easy, and so flavor-packed, that you reach for them busy night after busy night. In *Damn Delicious*, she shares exclusive new recipes as well as her most beloved dishes, all designed to bring fun and excitement into everyday cooking. From five-ingredient Mini Deep Dish Pizzas to no-fuss Sheet Pan Steak & Veggies and 20-minute Spaghetti Carbonara, the recipes will help even the most inexperienced cooks spend less time in the kitchen and more time around the table. Packed with quickie breakfasts, 30-minute skillet sprints, and speedy takeout copycats, this cookbook is guaranteed to inspire readers to whip up fast, healthy, homemade meals that are truly 'damn

delicious!'

Sous Vide Made Simple Lisa Q. Fetterman, Scott Peabody, Meesha Halm, 2018-10-09 A follow-up to the successful *Sous Vide at Home*, with 65 recipes for easy weeknight meals using this popular cooking technique to greatest effect. *Sous Vide Made Simple* couples the home sous vide machine with a do-ahead approach to help you streamline your cooking. The book centers around foolproof master recipes for flawless meat, poultry, fish, and vegetables that can be made quickly and easily (and in advance!) with your home immersion circulator, and then 50 spin-off recipes for turning these into crowd-pleasing full meals. Nearly all of the recipes can be prepped in advance, and then finished using a conventional cooking method, and on the table in under an hour. Unlike other sous vide cookbooks, *Sous Vide Made Simple* isn't just meat and potatoes, instead, it's packed with vegetables, lighter fare, and globally inspired food, like Grilled Fish Tacos with Mango Salsa, Cauliflower Steaks with Almonds and Kalamata Yogurt Sauce, Carnitas Tacos with Salsa Verde, and Eggplant Shakshuka—as well as improved classics like Beef Bourguignon Pot Roast and Grilled Pork Chops with Apple Chutney—and every recipe is accompanied by a beautiful photograph. Partly a how-to manual and partly a cookbook, *Sous Video Made Simple* gives the home cook, sous vide novice and old pro alike, all the information and encouragement to incorporate sous vide technology into a delicious everyday cooking repertoire.

Modernist Cooking Made Easy Jason Logsdon, 2014-11-08 Although sous vide cooking is not as sexy as some of the other modernist techniques it has two huge advantages for both the novice and experienced cook. Most importantly it will allow you to significantly increase the quality and consistency of the dishes you create on a daily basis. And for those of you whose lives are harried, the sous vide technique also allows you to create remarkable meals while working around your hectic schedule. Sous vide is a simple and extremely effective way to cook. This book covers every step of the sous vide process, from seasoning, sealing, and temperature control to how to determine the times and temperatures needed to turn out great food. There are also extensive write ups for the main types of food including steak and red meat, pork, fish and shellfish, eggs, fruits and vegetables, and more. After reading this book you will be able to consistently prepare great food with a minimal amount of effort. The bulk of this book is the more than 85 recipes it contains. You can skim the recipes looking for something that inspires you, or turn to a specific recipe to learn all about how to cook the cut of meat it features.

At Home with Sous Vide Dale Prentice, 2013

The Instant Pot ® Ultimate Sous Vide Cookbook Jason Lodgson, 2018 Make 100 easy, perfectly cooked meals using today's hot appliance: the sous vide As affordable sous vide machines become widely available, a cooking technique once used only in fine-dining restaurants or on competitive cooking shows has entered home cooks' kitchens. Using a vacuum-sealed bag and temperature-controlled, circulating water, this cooking method cooks food gradually, making it easy and convenient for weeknight cooking. This book contains 100 flavorful recipes with easy-to-follow instructions along with

suggestions, variations, and recommended cooking times and temperatures for delicious results every time. Discover how versatile sous vide cooking can be with this essential resource.

Meathead Meathead Goldwyn, Rux Martin, 2016-05-17 New York Times Bestseller Named 22 Essential Cookbooks for Every Kitchen by SeriousEats.com Named 25 Favorite Cookbooks of All Time by Christopher Kimball Named Best Cookbooks Of 2016 by Chicago Tribune, BBC, Wired, Epicurious, Leite's Culinaria Named 100 Best Cookbooks of All Time by Southern Living Magazine For succulent results every time, nothing is more crucial than understanding the science behind the interaction of food, fire, heat, and smoke. This is the definitive guide to the concepts, methods, equipment, and accessories of barbecue and grilling. The founder and editor of the world's most popular BBQ and grilling website, AmazingRibs.com, "Meathead" Goldwyn applies the latest research to backyard cooking and 118 thoroughly tested recipes. He explains why dry brining is better than wet brining; how marinades really work; why rubs shouldn't have salt in them; how heat and temperature differ; the importance of digital thermometers; why searing doesn't seal in juices; how salt penetrates but spices don't; when charcoal beats gas and when gas beats charcoal; how to calibrate and tune a grill or smoker; how to keep fish from sticking; cooking with logs; the strengths and weaknesses of the new pellet cookers; tricks for rotisserie cooking; why cooking whole animals is a bad idea, which grill grates are best; and why beer-can chicken is a waste of good beer and nowhere close to the best way to cook a bird. He shatters the myths that stand in the way of perfection. Busted misconceptions include: • Myth: Bring meat to room temperature before cooking. Busted! Cold meat attracts smoke better. • Myth: Soak wood before using it. Busted! Soaking produces smoke that doesn't taste as good as dry fast-burning wood. • Myth: Bone-in steaks taste better. Busted! The calcium walls of bone have no taste and they just slow cooking. • Myth: You should sear first, then cook. Busted! Actually, that overcooks the meat. Cooking at a low temperature first and searing at the end produces evenly cooked meat. Lavishly designed with hundreds of illustrations and full-color photos by the author, this book contains all the sure-fire recipes for traditional American favorites and many more outside-the-box creations. You'll get recipes for all the great regional barbecue sauces; rubs for meats and vegetables; Last Meal Ribs, Simon & Garfunkel Chicken; Schmancy Smoked Salmon; The Ultimate Turkey; Texas Brisket; Perfect Pulled Pork; Sweet & Sour Pork with Mumbo Sauce; Whole Hog; Steakhouse Steaks; Diner Burgers; Prime Rib; Brazilian Short Ribs; Rack Of Lamb Lollipops; Huli-Huli Chicken; Smoked Trout Florida Mullet -Style; Baja Fish Tacos; Lobster, and many more.

Sous Vide At Home Alexa Jane, 2021-02-13 ☐ 55% OFF for Bookstores! NOW at \$ 16.63 instead of \$ 36.97! LAST DAYS! ☐ Your Customers Never Stop to Use this Awesome Cookbook! Do you want to keep up with innovation and in the meantime cook tasty dishes for your family like a real chef? DISCOVER Sous Vide At Home! The kitchen is a constantly evolving sector and one of the most interesting innovations in cooking techniques is that of low temperature cooking or sous vide cooking. Cooking food at low temperatures involves cooking the product at a temperature between 50 and 60 degrees. A low

temperature cooker allows food to be cooked thanks to the recycling of heat, favoring the uniformity of cooking both inside and outside the product. This process makes the meat juicier and more tender, avoiding dispersing the juices and nutritional properties of the food. In short, it is true that cooking at a low temperature requires slow cooking and, consequently, times are considerably longer, but the result will certainly be better! This book dedicates space to everything you need to know about this particular type of cooking and answers all the questions you will ask yourself if you are a beginner, as well as of course containing recipes of: Pork, Beef and Poultry Sauces, Stocks and Broths Desserts and many more Breakfast, Eggs, Cocktails and Infusions Appetizers and Snacks Vegetarian and Vegan Sous Vide Recipes What are you waiting for? Buy it NOW and let your customers get addicted to this amazing book!

Sous Vide Best Recipes Alexa Jane, 2021-02-16 □ 55% OFF for Bookstores! NOW at \$ 16.63 instead of \$ 36.97! LAST DAYS! □ Your Customers Never Stop to Use this Awesome Cookbook! Do you want to keep up with innovation and in the meantime cook tasty dishes for your family like a real chef? DISCOVER *Sous Vide Best Recipes*! The kitchen is a constantly evolving sector and one of the most interesting innovations in cooking techniques is that of low temperature cooking or sous vide cooking. Cooking food at low temperatures involves cooking the product at a temperature between 50 and 60 degrees. A low temperature cooker allows food to be cooked thanks to the recycling of heat, favoring the uniformity of cooking both inside and outside the product. This process makes the meat juicier and more tender, avoiding dispersing the juices and nutritional properties of the food. In short, it is true that cooking at a low temperature requires slow cooking and, consequently, times are considerably longer, but the result will certainly be better! This book dedicates space to everything you need to know about this particular type of cooking and answers all the questions you will ask yourself if you are a beginner, as well as of course containing recipes of: Pork, Beef and Poultry Sauces, Stocks and Broths Desserts and many more Breakfast, Eggs, Cocktails and Infusions Appetizers and Snacks Vegetarian and Vegan Sous Vide Recipes What are you waiting for? Buy it NOW and let your customers get addicted to this amazing book!

Into the Clear Blue Sky Rob Jackson, 2024-07-30 From one of the world's leading climate scientists, a heart- and mind-changing book that offers a hopeful and attainable vision for restoring the atmosphere and ending the climate crisis. Climate change is here. From the millions displaced by the floods in Pakistan to Californian and Canadian towns incinerated by wildfires, we are experiencing the anguish that climate change causes. Fossil fuels are making the planet unlivable, and they are deadly. We know that we must cut emissions if we are going to limit the catastrophes, but is that enough? In *Into the Clear Blue Sky*, climate scientist and chair of the Global Carbon Project Rob Jackson explains that we need to redefine our goals. As he argues here, we shouldn't only be trying to stabilize the Earth's temperature at some arbitrary value. Instead, we can restore the atmosphere itself in a lifetime—and this should be our moral duty. Restoring the atmosphere means reducing the amount of greenhouse gases in the air to pre-industrial levels—starting with super-potent methane—to heal the

harm we have done. Emissions must be cut, first and foremost. But to safeguard a livable planet for future generations, we must repair the damage we have caused. Jackson introduces us to the brilliant leaders and innovators behind some of the boldest and game-changing climate solutions under development. When it comes to greenhouse gas mitigation, our choices matter, because it is easier to stop emissions from happening than to remove greenhouse gases from the air later. But while mitigation is crucial, no number of solar panels, electric cars, and veggie burgers alone will be enough to halt climate change. Decades of inaction have convinced Jackson that we need to remove greenhouse gases from the air using everything from nature to cutting-edge technologies. Into the Clear Blue Sky is a heart- and mind-changing book. Guided by one of the leading scientists in this fight and a deeply gifted storyteller, we learn why we should all feel hopeful. One way or another, we will restore the planet together. The question is how, and how long will it take?

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